

TLP Five-Minute Read Over Coffee - The rich world of idioms

In my business communication workshops I often highlight the need to be careful in your use of idioms as they can block understanding for your audience.

But - there is a big but! I think idiomatic expressions are also beautiful in the way they can help you paint a picture/scene or in the case below describe a person. They allow us to communicate with a creativity and



quirkiness. Please see some of my personal favourites - many are not complimentary!

Describing human character through idioms!

✓ You are like a bear with a sore head. *You are grumpy in the morning before your first coffee!*.

You are a social butterfly. *You are very sociable and outgoing*.

✓ You are a dark horse. You are mysterious, or you were little known but have become unexpectedly successful.

✓ You are a chameleon. You change your opinion to please people/or be more successful.

You are the black sheep of the family. You are the odd one out in the family, you have the bad reputation.

You have the memory of a goldfish. *You cannot remember much.*

You have the memory of an elephant. You can remember a lot!

✓ You are as crafty/sly/cunning as a fox. You are smart/intelligent - and use this for your personal gain.

You are a night owl. You come alive at night.

You are an early bird. *You come alive early in the morning.*



You are a chicken. *You are a coward/you are not brave.*

You are like a bull in a china shop. *You are very clumsy.*

You have ants in your pants! You are very restless, agitated.

You are like a rabbit in headlights. *You are shocked.*

✓ You are a snake. *You are slippery, cannot be trusted, manipulative.*

✓ You are like a wolf in sheep's clothing. *You pretend to be nice but actually are dangerous/nasty.*

Some of these translate into French but some don't for sure! Power for the day.