

Name of Workshop: TLP Insights – Important Conversations





Focus: 10 insights helping you unblock and move forward when participating in important/high pressure discussions.

Delivery: Via Zoom **Duration**: One hour **Price:** 25 euro

More Info: Payment is via PayPal. If you don't have PayPal, contact me directly at **toby@tlp.lu** and I can register and invoice you directly.

What it covers:

- ✓ Techniques in managing your own stress when communicating.
- ✓ Less is more: Communicate with more clarity and simplicity.
- ✓ Improve how you deal with difficult questions.
- ✓ Techniques in confidently asking for clarification.
- ✓ How to start and finish a conversation with confidence.

The TLP Insight Series is available on demand enabling you to watch it in your own time.

About Toby: "I am passionate about the coaching work I do helping people unblock and move forward. My approach is centred on positive psychology and the belief that you have, within you, a huge potential to make changes. I have delivered over 10,000 hours of training and coaching and I am a certified coach (ACC) with the International Coaching Federation and have a Post Graduate Certificate in Personal and Business Coaching and Post Graduate Certificate in Education."