

## Name of Workshop: TLP Insights – Meetings



**Focus:** 10 insights giving you more comfort and fluency in contributing to face to face and virtual meetings. Unblock and move forward.

**Delivery**: Via Zoom **Duration**: One hour **Price:** 25 euro

**More Info**: Payment is via PayPal. If you don't have PayPal, contact me directly at **toby@tlp.lu** and I can register and invoice you directly.

## What it covers:

- ✓ Broaden your range of expressions in contributing ideas.
- ✓ Improve how you ask questions.
- ✓ Improve how you respond to questions.
- ✓ Critically reflect on good and bad practice.
- ✓ Reflect on how to adapt your message based on audience/culture.

The TLP Insight Series is available on demand enabling you to watch it in your own time.

**About Toby:** "I am passionate about the coaching work I do helping people unblock and move forward. My approach is centred on positive psychology and the belief that you have, within you, a huge potential to make changes. I have delivered over 10,000 hours of training and coaching and I am a certified coach (ACC) with the International Coaching Federation and have a Post Graduate Certificate in Personal and Business Coaching and Post Graduate Certificate in Education."